

December 2020

Welcome to our special holiday edition of the additional Newsletter. As we enter into the holiday season, we thought it might be nice to compile some ideas for fun winter activities, crafts, and recipes.

If you give any of them a try please send us your photos to sinead.ocarroll@ed.ac.uk!

Recipes

Banana snowmen



Ingredients

Banana Green grapes Raisins (or currents or sultanas) Strawberries Orange peel

Instructions

Cut up three slices of banana and arrange on a stick. Add raisins for buttons and eyes, a small piece of orange peel for a nose and a strawberry and grape for the hat.

Gingerbread biscuits



Ingredients

175g dark brown sugar
85g golden syrup
100g butter
350g plain flour
1 tsp bicarbonate of soda
1 tbsp ground ginger
1 tsp ground cinnamon
1 egg (beaten)

Instructions

Melt together the sugar, golden syrup and butter. Let bubble for 1-2 mins then set aside and leave to cool for 10 mins. Mix together the bicarbonate of soda, flour, and spices in a large bowl. Add the warm syrup mixture and the egg to the flour mixture. Stir everything together and gently knead until well combined Wrap in cling film and chill for at least 30 mins Preheat oven to 100C/180C fan/gas 6. Leave dough at room temperature until softened before rolling out Roll out dough to thickness of 1 pound coin, and cut out shapes with your favourite cookie cutter or a glass Bake biscuits for 10-12 minutes Let cool on tray for 5 mins then transfer to wire rack to cool completely Decorate as much as you'd like! Biscuits will keep for up to 3 days in an airtight container.

Crafts

Cinnamon Rudolph



What you'll need

3 cinnamon sticks 2 eyes Glue Red pompom or red sweet Ribbon (optional)

Instructions

Glue together three cinnamon sticks to make a triangle shape. Be sure to leave a bit poking out of the top to make the antlers Glue on eyes and red nose If you add a ribbon you can use it as a tree ornament!

Snowman bowling



What you'll need

6 Empty tin cans Masking tape White paint / scrap white paper Black and red felt cloth / Black and red paper Cotton wool Old tennis balls / light plastic balls

Instructions

Stick some masking tape around the sharp rim of the can (Might be better for a grown up to do this step!)

Paint the outside with white paint or wrap with scrap paper and tape to the bottom Draw and cut some round black eyes, carrot-shaped orange noses and red and black mouths using felt or paper. Stick a face onto each painted tin can. Make your snowman smile!

Make a snowball by wrapping an old tennis ball with cotton wool and taping the edge down with tape

Line up your snowman bowling pins and hit them with your snowball!

Salt dough ornament



What you'll need

2 cups flour 1/2 cup salt 3/4 cup hot water

Mix flour and salt in mixing bowl. Slowly add water, mixing as you go. Knead the dough into a ball. Roll onto flat surface till it's 1/4 inch thick. Cut out preferred shape using cutter or glass. Allow to airdry for a few days or bake for 1 1/2 hours in a 100C oven. You can paint your ornaments, or make imprints!

Activities

Here are some counting sheets, and an outdoor scavenger hunt.

Count how many seasonal things you can find in!





How many drummers are

How many pipers are piping?



How many lords are leaping?



How many ladies are dancing?





How many turtle doves?



How many partridges in a pear tree?

WELL DONE

