



Amitriptyline

What is it?

Your pelvic doctor has prescribed Amitriptyline to help relieve your pain.

It is different from other painkillers as it will not work immediately, and may take up to a month or longer to reach its full effect.

It is particularly helpful for pain relating to nerve irritation or damage.

How is it taken?

You start with a low dose at night. If side effects allow, after one to two weeks, this can be increased.

If you experience any side effects you go back to the previous dose and wait a few days before increasing again.

This medication will need to be taken for approximately 4–6 weeks before you can judge if it has been beneficial.

If you feel drowsy in the mornings you are advised to take the tablet earlier the previous evening.

If you are working, it is useful to start taking it at the weekend so that the initial drowsiness will not interfere with your working week.

What if I forget a dose?

Take it as soon as you remember. If it is nearly time for your next dose DO NOT double up, just miss the dose you forgot.

How long should I take it for?

You can take this medicine for as long as you need it. Do not stop taking this medicine without speaking to your doctor or pain nurse.

Can I take other medicines?

Most other medicines can be taken safely with Amitriptyline, but check with your doctor or pharmacist before starting any new medicine, including those bought from the chemist, or herbal remedies.